

Welcome to the Sunshine Coast



An Information Pack for Culturally and
Linguistically Diverse Communities

Community Services Information -Sunshine Coast

Healthcare

BreastScreen Queensland – Sunshine Coast

Service Name	BreastScreen Queensland – Sunshine Coast
Phone Number	13 20 50
Address	Multiple clinics across Sunshine Coast + mobile sites- Caboolture, Caloundra, Gympie, Maroochydore, Nambour and Noosaville. Mobile service also available.
Email Address	BSQ-Sunshine-Coast@health.qld.gov.au
Website	www.breastscreen.qld.gov.au
What does your service provide?	Free breast screening; no referral required.
Who can attend/use the service?	Women aged 40+
Languages available	Auslan, Arabic, Chinese, Japanese, Korean, Punjabi, Somali, Spanish, Vietnamese, and more
Days/Hours of Operation	7:30–3:30 (varies by location)
Cost	Free

Community Services Information -Sunshine Coast

Healthcare

BreastScreen Queensland – Sunshine Coast

Service Name	BreastScreen Queensland – Sunshine Coast
Phone Number	13 20 50
Address	Multiple clinics across Sunshine Coast + mobile sites- Caboolture, Caloundra, Gympie, Maroochydore, Nambour and Noosaville. Mobile service also available.
Email Address	BSQ-Sunshine-Coast@health.qld.gov.au
Website	www.breastscreen.qld.gov.au
What does your service provide?	Free breast screening; no referral required.
Who can attend/use the service?	Women aged 40+
Languages available	Auslan, Arabic, Chinese, Japanese, Korean, Punjabi, Somali, Spanish, Vietnamese, and more
Days/Hours of Operation	7:30–3:30 (varies by location)
Cost	Free

Multicultural Services

CAMS – Nambour Community Centre

Service Name	Community Action for Multicultural Society - (CAMS)
Phone Number	0447 012 462 / 07 5441 4724 0421185082
Address	2 Shearer Street, Nambour 4560
Email Address	cams@nambourcc.org faval@nambourcc.org
Website	facebook.com/cams.ana.sc / nambourcc.org
What does your service provide?	Social events for migrants (Multicultural picnics/ Harmony Day Events, and social gatherings) , support for multicultural leaders, referrals to service providers such as NDIS, Services Australia, Diverse Queensland Workforce etc.
Who can attend/use the service?	Migrants
Languages available	French, Spanish, interpreters available
Days/Hours of Operation	Monday–Friday
Cost	Free

Settlement Engagement and Transition Support (SETS) – Nambour Community Centre

Service Name	Settlement Engagement and Transition Support (SETS) – Nambour Community Centre
Phone Number	07 5441 4660 / 0402 128 978/0418 575 681
Address	2 Shearer Street, Nambour QLD 4560
Email Address	settlement@nambourcc.org supportworker@nambourcc.org
Website	nambourcc.org
What does your service provide?	Casework, referrals, workshops, capacity building, support with employment, education, health, social connection, finance, safety and more.
Who can attend/use the service?	Migrants living in Australia up to 5 years on eligible visas
Languages available	Interpreters available
Days/Hours of Operation	Mon–Fri 9–4
Cost	Free

Sunshine Coast Multicultural Communities Council (SCMCC)

Service Name	SCMCC
Phone Number	0404 233 772
Address	Milwell Community Centre (appointments only)
Email Address	scmulticulturalcouncil@gmail.com
Website	https://www.facebook.com/SCMCCouncil/
What does your service provide?	As a peak body for multicultural communities and ethnic associations on the Sunshine Coast, SCMCC is committed to fostering inclusion, belonging, participation, and community leadership across our region. If you are a Multicultural Representative and wish to attend to our monthly meetings please email scmulticulturalcouncil@gmail.com
Who can attend/use the service?	Migrants
Languages available	Various languages
Days/Hours of Operation	Per appointment only
Cost	Membership \$30

Counselling and Family Services

Centacare Family and Relationship Services-Sunshine Coast

Service Name	Centacare Family and Relationship Services-Sunshine Coast
Phone Number	07 5430 9300
Address	21 Cornmeal Parade, Maroochydore QLD 4558
Email Address	cfrs.scoperegdv@bne.centacare.net.au
Website	https://centacare.com/location/centacare-family-and-relationship-services-sunshine-coast/
What does your service provide?	Specialist Family Support Services (SFSS) Domestic Family Violence counselling, risk assessment and safety planning. court support, groupwork, safety upgrades, phone and face-to-face counselling, embedded workers at police stations. Family and Relationship Counselling (FaRS) counselling for individuals, couples, children; parenting programs; children's groups.
Who can attend/use the service?	Women at risk of Domestic Family Violence (SFSS). Adults, couples and children 5+ (FaRS).
Languages available	Interpreters available (free)
Days/Hours of Operation	Counselling: Mon, Tue, Thu & Fri 8:30–5; Wed 12–8. Office: Mon–Fri 8:30–4:30pm.
Cost	SFSS Domestic Family Violence counselling (free); FaRS sliding scale fee (depends on income).

Headspace Caloundra

Service Name	Headspace Caloundra
Phone Number	07 5222 4009
Address	3a/67 Bowman Rd, Caloundra
Email Address	reception@headspacecaloundra.org.au
Website	headspace.org.au/caloundra
What does your service provide?	Free youth mental health, AOD counselling, education/employment services, groups.
Who can attend/use the service?	Young people aged 12–25
Languages available	Interpreter services available
Days/Hours of Operation	Mon–Fri (varied hours)
Cost	Free

Community and Social

Pomona and District Community House

Service Name	Pomona and District Community House
Phone Number	5485 2427
Address	1 Memorial Avenue Pomona
Email Address	admin@pomonacommunityhouse.org / support@pomonacommunityhouse.org.au
Website	https://pomonacommunityhouse.org.au/
What does your service provide?	Neighbourhood house, social connection, referrals, community programs.
Who can attend/use the service?	Anyone in the community
Languages available	Interpreter-friendly
Days/Hours of Operation	Tue–Fri 9–4 (Wed until 6pm)
Cost	Free

Education and Employment support
STEPS Group Australia

Service Name	STEPS Group Australia
Phone Number	1300 131 965
Address	9 George St Caloundra QLD 4551
Email Address	enquiries@stepsgroup.com.au
Website	www.stepsgroup.com.au
What does your service provide?	Education, employment services, community support and mental health services.
Who can attend/use the service?	General community; eligibility varies
Languages available	English
Days/Hours of Operation	Mon–Fri 9–5
Cost	Varies by program

UniSC Equip Program

Service Name	UniSC Equip Program
Phone Number	(07) 5459 4675
Address	Sunshine Coast region
Email Address	mature@usc.edu.au
Website	www.usc.edu.au/equip
What does your service provide?	Free workshops and support for adults starting study at uni or TAFE.
Who can attend/use the service?	18+ considering study; eligible visa holders; not currently enrolled at university.
Languages available	English
Days/Hours of Operation	Mon–Fri 8:30–5
Cost	Free

DIVERSE QLD WORKFORCE (DQW)

Service Name	DIVERSE QLD WORKFORCE (DQW)
Phone Number	5353 0503 / 0493 619 352
Address	20 Edwards Tce, Baringa
Email Address	dqw@calcomm.org.au
Website	caloundracommunitycentre.org/diverse-queensland-workforce
What does your service provide?	Employment support, interview preparation, networking, industry links.
Who can attend/use the service?	Migrants with work rights living on the Sunshine Coast.
Languages available	Spanish, Portuguese, English, Interpreter Available.
Days/Hours of Operation	Mon–Fri 9am-3pm.
Cost	Free

Housing support
Tenants Queensland QSTARS

Service Name	Tenants Queensland QSTARS
Phone Number	1300 744 263
Address	Queensland (statewide service)
Email Address	mail@tenantsqld.org.au
Website	www.tenantsqld.org.au / www.qstars.org.au
What does your service provide?	Free tenancy advice, forms, negotiations, tribunal support, referrals.
Who can attend/use the service?	Anyone renting in Queensland.
Languages available	Interpreters available (free)
Days/Hours of Operation	Mon–Fri 9-5pm (some days to 7pm).
Cost	Free

Dovida – Home Care Provider

Service Name	Dovida – Home Care Provider
Phone Number	07 5443 3562
Address	1/8 Innovation Parkway, Birtinya 4575
Email Address	Alison.fleming@dovida.com.au
Website	Dovida.com
What does your service provide?	In-home care for older people 65+ or 50+ First Nations.
Who can attend/use the service?	People with government home support funding or privately funded.
Languages available	English
Days/Hours of Operation	8–5
Cost	Varies

Literacy Services at the Libraries

Service Name	Literacy Services at the Libraries
Phone Number	07 5499 5421
Address	1 Omrah Ave, Caloundra QLD 4551
Email Address	noreen.parr@sunshinecoast.qld.gov.au
Website	https://library.sunshinecoast.qld.gov.au/read/literacy-services
What does your service provide?	Read and Write For Life program includes English classes once a week for all levels of English. The classes are run by teachers who prepare material, and learners are also supported with their own in- class tutor. It is an adult only program, and there are some visa requirements. Classes are free and run according to the school term timetable. One-on-one tutoring: students are matched with a suitable tutor (has the correct skills, ability and common interests, availability and location) who they meet once a week for individual tutoring for 1-2 hours. Tutoring is run by trained volunteers and is free. Tutoring runs throughout the year. There are some visa requirements for tutoring. Conversation Circles are conversation classes that are run by a teacher. These classes are adult only, free and have no visa requirements. Learners can join at any time. The Conversation circles also run according to the school term timetable.
Who can attend/use the service?	Adults only (18 years and above). There are some visa requirements for the Read and Write For Life program and one-on-one tutoring, but no visa requirements for the Conversation Circles. Feel free to call or email to find out if your visa allows you access to the Read and Write For Life program or One-on-one tutoring.
Languages available	English
Days/Hours of Operation	Read and Write For Life classes are held at Maroochydore library, Kawana library, Maleny library and Caloundra library. One-on-one tutoring is held at all libraries: Coolum, Nambour, Maroochydore, Kawana, Caloundra and Beerwah. Conversation Circles are held once a week at Caloundra (on Tuesdays from 12:30-2:30pm) or at Maroochydore library (on Wednesdays from 12:30-2:30pm).
Cost	FREE

